

**AJFF Sanctioned Kata Contest Presented By:**

## **Nemuri Kuma Jujitsu**

**Saturday 23 February 2019**

**Current AJFF membership required to participate**



**Nemuri Kuma Jujitsu**  
4711 Whitney Avenue  
Carmichael, CA 95608

Contact information:

Phone:  
916-300-5257

E-Mail:  
[sensei@nemuikuma.com](mailto:sensei@nemuikuma.com)

**23 February 2019**

9am Children's check-in  
10am Competition  
12pm Adult check-in  
1pm Competition

### **Contest Fees:**

Post by: 2 February:  
\$20 per person  
\$40 per team

After 2 February:  
\$25 per person  
Some scholarships are  
available

**Pre-registration:**

Cheques payable to:  
Nemuri Kuma Jujitsu

Send Cheque, Release  
and Registration

### **Bring to the contest:**

Completed Judging  
Forms (Four copies)  
Indicate technique  
variation with a "V"

Children's divisions  
Beginner: up to 6 months  
Inter: up to 18 months  
Advanced: 18+ months

### **Note to Your Sensei:**

Re: children contestants  
Feel free to place your  
students in the category  
you deem appropriate.  
Required Arts: Please  
feel free to contact us  
regarding modifications.

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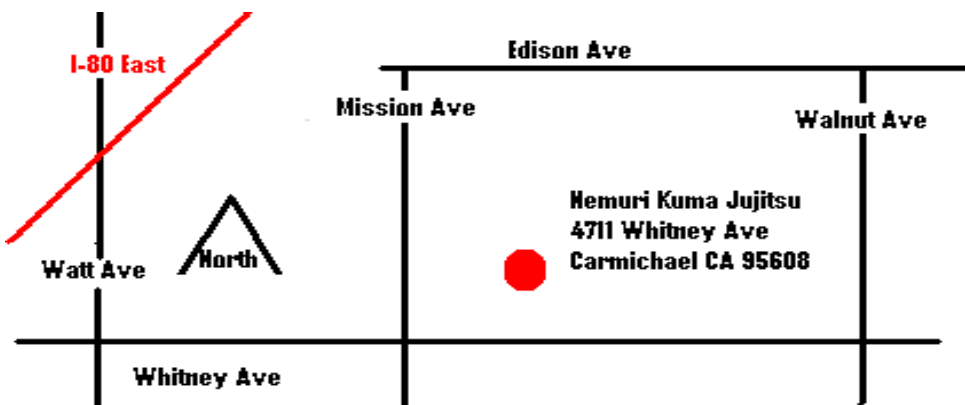
**Children's Division**

<b>Beginner-Required Arts</b>	<b>Intermediate-Required Arts</b>	<b>Advanced-Required Arts</b>
1 Judo Roll (Mae Kaitan)	1 Yoko Sutemi Ni (Rolling)	1 Yoko Sutemi Ni (Mu Te)
2 Side Fall (Yoko Sutemi Ichi)	2 Ushiro Sutemi (Arched)	2 Katate Tori Shi
3 Momiji Hazushi	3 Katate Tori	3 Tsurikomi Goshi
4 Kubi Nuki Shime	4 O Soto Gari	4 Makikomi
5 Heel-to-heel trip (O Soto Gake)	5 Seoi Nage	5 Hane Goshi
Three Electives	Three Electives	Three Electives
Combative Sequence-Optional	Combative sequence-Optional	Combative Sequence-Required
Age Categories:	Age Categories:	Age Categories:
5-6    7-8    9-10    11-12	5-6    7-8    9-10    11-12	6-7    8-9    10-11    12-13

**Youth & Adult Division**

<b>White Belts-Required Arts</b>	<b>Green Belts-Required Arts</b>
1 Morote Hazushi	1 Ryo Eri Hazushi
2 Akushu Kote Tori	2 Uchimomo Harai
3 Deashi Harai	3 Tomoe Nage
4 Uchi Gama	4 Juji Gatame
5 Seoi Nage	5 Ushiro Daki Nage
Three Electives	Three Electives
Combative Sequence	Combative Sequence
Minimum five arts using two of the first five demonstrated	Minimum five arts using two of the first five demonstrated
<b>Blue Belts-Required Arts</b>	<b>Brown Belts-Required Arts</b>
1 Katate Hazushi Ni	1 Akushu Ude Tori
2 Moro Yubi Tori	2 Utsuri Goshi
3 Soto Gama	3 Daki Kubi Shime
4 Okuri Harai	4 Kata Eri Tori
5 Kani Sute	5 Mae Yama Kage
Three Electives	Three Electives
Combative Sequence	Combative Sequence
Minimum five arts using two of the first five demonstrated	Minimum five arts using two of the first five demonstrated

<b>Black Belts-Required Arts</b>
1 Yawara
2 Nage Te
3 Shime Te
4 Oku No Te
5 Tanto No Maki
Three Additional Electives
Combative Sequence
Minimum five arts using two of the first five demonstrated



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